SSATIS

Cross Country Regulations

GENERAL EVENT GUIDELINES

1. Meetings should be conducted under the laws of the International Association of Athletic Federations (IAAF) in conjunction with Athletics Australia.

2a. In the event of inclement weather, a wet weather committee will meet prior to 7.30am. SSATIS delegates will contact the Cross Country sub committee by 7.30am re cancellation.

b. The wet weather committee will comprise of the Chair of SSATIS and the Cross Country sub committee.

3. Ten races shall be held over the following distances

**BOYS**

- Under 13  3km
- Under 14  4km
- Under 15  4km
- Under 16  5km
- Open     6km

**GIRLS**

- Under 13  3km
- Under 14  3km
- Under 15  3km
- Under 16  4km (2011)
- Open     4km

4. Scoring System for each event/race

Unlimited entries. First 5 runners per school to finish, score. The next 5 to displace. Winning school determined by the lowest number of points.
5. Aggregate Shield point score is determined by the number of schools entered. First 4 points, second 3, third 2 and fourth 1, if 4 schools are entered. The points score for each age group will be added together to determine the winners of each of the trophies.

6. The following trophies are presented at the Cross Country Event;

Aggregate (Boys and Girls) - Schools with Yr 7 - Yr 12 students
- Age Groups Under 13 - Open

College (Boys, Girls and Co-Ed) - Schools with Yr 11 and Yr 12 students

Junior (Boys, Girls and Co-Ed) - Schools with Yr 7 - Yr 10 students
- Age Groups Under 13 - Under 16

Open team (Boys and Girls) - Open Age Group only

Individual trophies will be presented to the winners in each Age Group.

The order of Trophy presentation will be rotated annually to avoid any one group of trophies gaining pre-eminence.

7. Member schools which cater for only Grades 7 - 10 will be permitted to enter teams in the Open Age Group events, and thus be eligible for individual trophies.

8. Athletes must compete in their school's prescribed sports uniform. (See uniform registry). Accepted school caps may be worn while competing but must be worn in the accepted manner i.e. Peak to the front. Failure to comply will result in either not being allowed to compete or disqualification. Notice of disqualification will be given to the relevant SSATIS delegate.

If a school is unable to outfit teams/individuals in accepted school uniform for Cross Country the Chair of SSATIS is to be notified prior to the event. The cross country sub committee will then be notified.

9. The point scores will be accepted as the correct scores at the conclusion of the carnival. Appeals may be lodged with the organising committee within 48 hours.

10. The costs incurred by a school organising this carnival will be met by SSATIS. Program production costs are for paper and "in-house" photocopying.

11. Lodgements of protests.

a. Pre Race

The cross country sub committee appoints a neutral referee who will make decisions on any protest.
- Prior to Cross Country SSATIS Delegates and/or Cross Country Coordinator will brief athletes on the acceptable sporting behaviour when racing.
- Marshals will be briefed by the referee, who will clearly state that any competitor who jostles or obstructs another athlete, so as to impede his/her progress, shall be liable for disqualification.
- Each school will need to supply 2 adult marshals (not students).
- At the start line all competitors will be briefed again by the start marshal about sporting behaviour when out on the course.

b. Race

- If a marshal sees any action which causes concern this will need to be briefly documented and given to the referee for consideration.
- An athlete may also lodge a protest through their SSATIS delegate or teacher-in-charge. This to needs to be documented briefly.