Basketball Regulations - Year 3/4 Basketball Competition
(a) A size 5 basketball shall be used.
(b) The height of the basketball ring will be the normal height of the ring in gym used.
(c) The penalty free throw line shall be from the stadium’s designated line. If students are
struggling to make the distance the umpire can move them forward to a closer line.
(d) The time clock will not stop for the duration of the game. (There will be a 2 minute half-
time break)
(e) There are NO TIME OUTS in the JSSATIS roster.
(f) All players shall receive equal court time.
(g) Any team leading by 10 points or more must withdraw their defense behind the half way
line.
(h) Any team leading by 20 points or more must withdraw their defense behind the three -
point line.
(i) The three second violation shall be extended to 5 seconds (only applies while the player’s
team has possession).
(j) Match consists of 2 x 20 minute halves.
(k) No finals series for these competitions.
(l) **Three pointers will not apply to these age groups.**
(m) Scores are not kept on the scoreboard and should be kept by each team. If a school
wishes to keep score on the scoreboard then both sides must agree.
(n) Substitutes can be made at a break in play. Coaches need to inform the referees they
wish to make a substitution.
(o) The arrow will be used instead of jump balls.
(p) Umpires in this competition are “facilitators” and should aim to educate the players on the
rules/skills of the game of basketball. Using common sense, consistency and umpires
discretion is important in the JSSATIS Basketball roster.

Basketball Regulations - Year 5/6 Basketball Competition
(a) A size 6 basketball shall be used.
(b) The height of the basketball ring will be the normal height of the ring in gym used.
(c) The penalty free throw line shall be from the stadium’s designated line.
(d) The time clock will not stop for the duration of the game. Clocks shall stop for time outs
only in the last two minutes of the game (There will be a 2 minute half-time break)
(e) All players should receive equal court time.
(f) There are NO TIME OUTS in the JSSATIS roster
(g) Any team leading by 10 points or more must withdraw their defense behind the half way
line.
(h) Any team leading by 20 points or more must withdraw their defense behind the three -
point line.
(i) The three second violation shall be extended to 5 seconds (only applies while the player’s
team has possession).
(j) Match consists of 2 x 20 minute halves.
(k) No finals series for these competitions.
(l) **Three pointers WILL apply to these age groups.**
(m) Scores are not kept on the scoreboard and should be kept by each team. If a school
wishes to keep score on the scoreboard then both sides must agree.
(n) There will be a Foul Sheet for 5/6 matches. Names will be kept on this foul sheet.
(o) Substitutes can be made at a break in play. Coaches need to inform the referees they
wish to make a substitution.
(p) The arrow will be used instead of jump balls.
(q) Umpires in this competition are “facilitators” and should aim to educate the players on the
rules/skills of the game of basketball. Using common sense, consistency and umpires
discretion is important in the JSSATIS Basketball roster.